

In 2008 after a bout of optic neuritis I was diagnosed with multiple sclerosis. As a 32-year-old of two boys, ages 5 and 11, I was petrified. What did this diagnosis mean for my future? Would I still be able to keep up with my very active husband and children? To find answers I turned to my local chapter of National MS Society. They provided me with calming answers to help with the uncertainty that lay before me and gave me an outlet to help find a cure for this disease.

In 2009 I started volunteering and participating in the MS Walk. I truly enjoy the walk, but was ready to challenge myself even further.



In 2010, my husband and I heard about the Bike MS ride and signed up. We had never been road bikers and were excited to try a new sport. The first Bike MS ride was one of the most challenging things I have ever done. The heat and miles were hard and I wasn't sure if I was going to make it. Every time I was discouraged, someone would see my "I ride with MS" jersey and cheer me on. I realized that I could do anything I put my mind to, MS or not.

Pedaling all those miles and seeing my peers with this disease, and all my fellow bikers is just an amazing experience. To see so many people come together and unite to fight to end MS is so uplifting and awe-inspiring. It makes me feel like I am not alone in this fight. I thank everyone who rides to help find a way to end this disease.